The ICDC program is supported by funding from the Australian Government under the PHN Program and commissioned by WA Primary Health Alliance.

Questions? Contact us now!

A Unit 5, 20 Hamersley Street
P PO Box 1548 Broome, WA 6725
T (08) 9192 7888

Boab Health Services is committed to improving outcomes for everyone



Looking After Your Health Together

Integrated Chronic Disease Care (ICDC) Program

Boab Health Services

What is ICDC?

ICDC is a program that partners with your doctors and health workers to provide coordinated, multidisciplinary care for people living with long-term conditions who need help accessing services.

The program is free and focuses on improving your health and quality of life by providing individualised, holistic and coordinated support so you can better self-manage and receive the care your condition needs.

Who This Program is For?

You may be eligible if you have been diagnosed with, or are at high risk of developing, one or more of the following conditions:

- **Cardiovascular conditions**
- **Diabetes** (not including gestational diabetes)
- **Obesity (BMI 40 or above)**
- **Respiratory conditions**

And you are finding it hard to get regular, coordinated care from health workers due to:

- Health or medical reasons that make it hard to get to appointments.
- Already used up all your Medicare visits for special health workers.
- Money and cost of getting care.
- Social or Cultural barriers.
- No transport or difficulty getting around.



Services Provided:

Care Coordination
Health Journey Support

Podiatry
Foot Care

Diabetes Education
Blood Sugar Support

Dietetics
Food & Nutrition

We Can Help You:



Understand your condition and manage symptoms.



Monitor your health, for example taking blood pressure or blood sugar readings.



Learn about healthy food and keeping active.



Make lifestyle changes and adjust to the emotional and social demands of living with a long-term condition.



Engage effectively with your healthcare providers and coordinate allied health visits, including Podiatry, Dietetics and Diabetes Education.

Boab Health Services