

## Job Description and Duty Statement

<b>Position Title</b>	<b>Mental Health Professional – Adults, Youth &amp; Families – East Kimberley</b>
Organisation	Boab Health Services
Hours of employment	1.0 FTE (75 hours per fortnight) Continuation of contract subject to ongoing funding.
Reports to	Regional Manager - East Kimberley
Salary	\$97,910 – \$105,254 Commensurate with skills and experience.
Location	Based in Kununurra

### Entitlements

- 6 weeks Annual Leave
- Generous Supported Professional Development Opportunities
- Salary Packaging with additional packaging options for remote area living
- Relocation Assistance (where applicable)
- Supported External Supervision
- Remote Travel Allowance (where applicable)

### About Boab Health

Boab Health Services Pty Ltd is a not-for-profit primary health care organisation servicing the Kimberley region of Western Australia. Services include allied health, mental health, the Integrated Team Care (previously the “Closing the Gap” initiative) and a range of health promotion programs. Boab Health Services delivers these services from centres in Broome and Kununurra with outreach to the wider communities in the Kimberley. For further information about the services we provide visit our website [www.boabhealth.com.au](http://www.boabhealth.com.au)

As a member of the Mental Health Team, Mental Health Professionals (Psychologists, Mental Health Nurses, Occupational Therapists, Social Workers and Aboriginal Health Workers) provide evidence based focused psychological interventions to clients accessing Boab Health Services’ Mental Health Team. You will have National registration as well as/or membership with your professional body.

The role also includes the delivery of mental health education to other service providers and the communities within the Kimberley. All members of the Mental Health Team work together to deliver outcomes consistent with the company’s Strategic Plan, Business Plan, Annual Operational Plan in support of Boab as a Primary Health Care organisation.

### Job Description

#### *Service Delivery and Reporting*

- Provide mental health assessment and treatment of youth (12 - 18 years of age) experiencing severe and complex mental health issues. This will include provision of services to family members of identified youth.
- Work in conjunction with other services (e.g. GP, Psychiatrist, KMHDS,) supporting youth, with complementary clinical care including the provision of short term clinical and social support and care coordination to ensure the young person has appropriate on-going support.
- Provide evidence based psychological interventions, individual interventions and regular groups, to youth clients referred within a range of settings e.g. schools, one or more designated Aboriginal Community Controlled Health Services, outreach clinics and hospitals.
- Provision of culturally safe and sensitive mental health services to both individuals and groups, youth and adults, with a focus on Indigenous mental health and well-being.
- Work predominantly with youth in schools in accordance with the Service Level Agreement between Boab Health and the Education Department.

- Provide mental health assessment of and psychological counselling to adult clients experiencing high prevalence mental health issues or clients at risk of suicide or self-harm.
- Undertake risk assessment and safety planning to clients experiencing suicidal ideation or issues of self-harm.
- Provide youth and adult mental health counselling and support services to remote Aboriginal communities as required.
- Partake in working groups and meetings relevant to service development as identified by the Manager Mental Health Team.
- Work to facilitate the development of long term supports within the community for clients.
- Support families to be involved in and assisted in supporting the young person.
- Work within a recovery model of service provision.
- Partake in, or organise case conferences, working groups and meetings relevant to service development as identified by the Regional Manager – East Kimberley.
- Provide best practice, evidence-based, effective interventions, group interventions, and community education programs.
- Participate in regular case load management with the Regional Manager – East Kimberley.
- To assist in the referral management and triage process as required.
- To comply with Boab Health Services policies and procedures regarding client file documentation in support of best practice.
- Collect and record data required for reporting by funding bodies and Boab Health.
- Meet reporting requirements for reports and as requested by the Regional Manager – East Kimberley or Executive Manager Clinical Services.
- Participate in line management supervision on a regular basis.
- Any reasonable additional duties in keeping with qualifications and capability as directed by the Regional Manager – East Kimberley or Executive Manager Clinical Services.
- Provide services under fee for service or through Medicare as directed.

#### *Quality Improvement*

- Maintain professional skills through continuing professional development.
- Participation in formal clinical supervision on a regular basis.
- Sharing information from professional development opportunities across the team.
- Supports the Clinical Governance requirements through adherence to Boab Health Services policies and procedures.
- Contribute to the review and further development of relevant policies and procedures as per accreditation processes.

#### *Education*

- Deliver educational information to individuals and community groups, including information on primary mental health prevention.
- Provide information to other health care providers and referrers as requested, to assist in the management of high prevalence mental health issues.
- Provide evidenced based self-help materials to individuals, groups, and community as required.
- Regularly provide updates to community on service developments.
- Identify any local or regional opportunities to promote the objectives of Boab Health Services

#### *Health Program Development*

- In support of the Primary Health Care philosophy support any relevant community events, community group education or skill development.
- Work in partnership within the community to support a collaborative approach to further promote primary health care principles.

All staff members working at Boab Health are expected to conduct work activities consistent with relevant health and safety legislation and contemporary best practice. **New employees are expected to undertake a National Police Clearance check prior to employment and a Working with Children Check for Western Australia.**

All staff have a shared responsibility to contribute to the effective management of quality, safety and risk and all staff share the authority and responsibility to identify non-conformances and possible improvements and record these instances in order for corrective or improvement action to be taken.

Staff members are to deliver programs with respect to the environment and in accordance with current practices for efficient resource utilisation and waste management principles.

Staff members are to conduct all patient/consumer interventions, training and educational activities with respect to the culture and heritage of the individual, group or stakeholder.

**We are seeking a professional who has:**

- Significant post-graduate experience using focused psychological strategies on high prevalence mental health conditions with youth and facilitating groups with this population.
- Ability to maintain ethical conduct and strict confidentiality regarding clients and staff.
- Proficiency in developing, implementing and managing a diverse range of mental health activities and programs or projects.
- Computer literacy in word processing, spreadsheets, database, and small business operating software.
- Understanding of workplace health and safety issues.
- Flexible approach to work and willingness to learn new skills.

**Required Selection Criteria**

1. National registration to work as a Mental Health Professional (i.e. Psychologist, Mental Health Nurse, Occupational Therapist, Social Worker, or Aboriginal Health Worker) and current membership of a professional body such as the APS, ACMHN, AASW or OTA.
2. An ability and willingness to work and live in a very remote community.
3. Demonstrated experience as a Mental Health Professional including **more than 2 years'** experience using evidence based focused psychological interventions to clients across the age range experiencing high prevalence mental health issues; rural or remote experience is highly desirable, including experience with designing and facilitating groups.
4. Demonstrated experience in risk assessment and safety planning to clients experiencing suicidal ideation or issues of self-harm.
5. Demonstrated high level interpersonal and communication skills (both written and oral) and proven ability to build and maintain relationships.
6. Demonstrated organisational and time management skills; including a flexible approach to work, along with the ability to use initiative to work both independently and as part of a team.
7. Demonstrated ability to follow defined service quality standards, occupational health and safety policies and procedures relating to the work being undertaken in order to ensure high quality safe services and workplaces.
8. Willingness to travel intra and interstate as required (including by light aircraft, watercraft, and 4wd) and possession of a "C class" WA driver's license, or equivalent transferable license.

## *Further Information*

For further information, please contact:

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