



Child Mental Health Service

**We work with children aged 0-12 years
and their families to address common
mental health concerns**



Boab
Health Services

Our Child Mental Health service works with children aged 0-12 years and their families to address common mental health concerns such as:

- ✓ Anxiety and depression
- ✓ Sleep problems
- ✓ Social and emotional issues
- ✓ Attachment difficulties
- ✓ Aggressive behaviours
- ✓ Grief, loss and trauma

Play therapy

Our child counselling service utilises play therapy, a developmentally appropriate and natural way for children to communicate and express their feelings and experiences.

Play therapy supports healing and behavioural change through creative and experiential means, rather than focusing on talking as in adult counselling.

How to access this service

You will need a referral from your Doctor / GP and be located in, or able to travel to Broome for appointments.

Service location

We provide our Child Mental Health services from our Broome office. For more information on this service, please contact us.

Broome Office

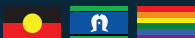
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We respect diversity and honour the value and dignity of all people.