

Boab's Allied Health Prioritisation Table

Diabetes Educator	Podiatrist	Dietitian	Paediatric Nutritionist
Target Clients (Note: Clients outside this target group may be deemed inappropriate for referral)			
T2DM, T1DM, GDM, Diabetes in Pregnancy, IGT or IFG	Clients with complex lower limb conditions and/or at medium or high risk of limb loss	People wanting to improve their health through understanding food and nutrition	Pre-pregnancy, pregnancy, GDM, infants, toddlers, teenagers (up to school age).
Priority 1- Urgent Note: Contact the relevant clinician for immediate management			
<ul style="list-style-type: none"> Pregnancy (T1DM or T2DM) GDM new diagnosis T1DM new diagnosis Discharge following recent ketoacidosis or hypoglycaemic coma Acute infected foot ulcer 	<ul style="list-style-type: none"> Current foot ulcer/wound infection Charcot / neuroarthropathic joint Acute ischaemia Infected ingrown toenail 	<ul style="list-style-type: none"> Malnutrition/underweight Unintentional weight loss Newly diagnosed Diabetes, recently commenced on insulin or hypoglycaemic event. Cancer Severe/active GIT conditions Newly commenced on dialysis EN/PEG Food allergy with anaphylaxis or newly diagnosed coeliac disease Chronic non-healing wounds and severe burns 	<ul style="list-style-type: none"> Growth faltering < 2 years old Diagnosed food allergy including coeliac disease, anaphylaxis OR multiple food allergies (not anaphylaxis) Gestational diabetes Childhood metabolic diseases – newly diagnosed or complications Eating disorders (diagnosed) T1DM – newly diagnosed T2DM – newly commenced on insulin
Priority 2- High			
<ul style="list-style-type: none"> Poorly controlled T1DM or T2DM (HbA1c > 10%) Major or problematic hypoglycaemia Insulin initiation Diabetes and coeliac disease 	<ul style="list-style-type: none"> Diabetes, dialysis or Hansen's patient with a previous ulcer or toe/limb amputation <p>AND/OR <u>two</u> or more risk factors:</p> <ul style="list-style-type: none"> Peripheral vascular disease Neuropathy Significant foot deformity 	<ul style="list-style-type: none"> Poorly controlled diabetes (HbA1c >7%) CKD (stage 1 – 5) GIT conditions & intolerances CLD Respiratory conditions Obesity with co-morbidities CVD/HTN/dyslipidaemia Nutritional deficiencies 	<ul style="list-style-type: none"> Growth faltering >2 years old Food allergy (diagnosed)– non-anaphylaxis Iron deficiency anaemia T2DM - newly diagnosed and /or with co-morbidities Chronic GIT conditions (diarrhoea, constipation) GIT diseases (Crohns disease, Ulcerative Colitis) Childhood overweight
Priority 3- Low			
<ul style="list-style-type: none"> Newly diagnosed T2DM Uncontrolled T1DM or T2DM (HbA1c > 8%) Diabetes associated with recent diagnosis of micro or macro-vascular disease Difficulties with diabetes self-management Diabetes with 'high risk foot' Preconception planning Stable T1DM or T2DM IGT or IFG 	<ul style="list-style-type: none"> Diabetes, dialysis or Hansen's patient with one of the risk factors: <ul style="list-style-type: none"> Peripheral vascular disease Neuropathy Significant foot deformity Or <ul style="list-style-type: none"> No risk factors (P4) 	<ul style="list-style-type: none"> Overweight/Obesity, weight management Pre-diabetes, IGT/IFG Well controlled diabetes (HbA1c <7%) Muscular skeletal conditions Sports nutrition Restrictive diet Healthy lifestyle advice, nutrition through the lifecycle 	<ul style="list-style-type: none"> Food Intolerance Fussy eating in absence of other conditions Healthy eating in absence of other conditions Sports nutrition