



# BOAB HEALTH PRESENTS

# Art for Wellbeing

## EXHIBITION FOR MENTAL HEALTH WEEK

10-11th October 2018

Calling all  
creative art  
submissions!



No art experience needed!

Do you enjoy being creative? Have you experienced a mental health issue in your life? Or maybe you've supported a friend or family member with mental health.

Making art can help us express feelings in a safe and contained way.

Boab Health Services are currently calling for all creative art submissions for an upcoming Art Exhibition and we would love to hear from YOU!

**EXHIBITION OPENING 10TH OCTOBER 3.30PM - 6PM COOLIBAH CENTRE**

**Light food and refreshments provided. Speeches 4.45pm**



Government of Western Australia  
WA Country Health Service

Government of Western Australia  
Mental Health Commission