

Type 2 Diabetes. WHAT NOW?



Come
and have
a Cuppa'
with us
to meet
DESMOND!

This is for Kimberley
people and their
families living with
type 2 diabetes

When: 26th October

Where: Lotteries House

Address: Lot 642
Cable Beach Road East,
Broome WA 6725

Time: 9am – 4pm

When: 27th October

Where: Circle House

Address: 27 Frederick St,
Broome WA 6725 (corner of
Weld and Frederick street)

Time: 9am – 4pm

Please come to our **FREE** one day diabetes workshop

Benefits of attending:

- No lectures, you get to drive the discussion with topics that are important to you.
- Be with people who understand what it's like to live with diabetes.
- Share your tips and tricks of making life easier with diabetes.
- Learn from other people with diabetes.
- Get to know your diabetes medicines.
- Know what to do when blood glucose levels are too high or too low.
- Discover ways of making healthy tucker on a budget that the whole family will enjoy.
- Stay healthy and strong living well with diabetes.
- Be a great role model for your mob, keep your family and community strong.



Let's work together to tackle diabetes for strong communities



Register your interest using the contact details below.

Call: 9192 7888

Email: reception@boabhealth.com.au

or

Ask your health professional / diabetes educator / clinic GP service
to get in contact with Boab Health Service.



Friends and family are welcome to attend.